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# BHAGAVAD GITA

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## CHAPTER 7

**JNANAVIJNANA YOGA**  
*(Knowledge and Wisdom)*

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***30 Verses***

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## Chapter 7 - Verse 1

श्रीभगवानुवाच  
मय्यासक्तमनाः पार्थ  
योगं युञ्जन्मदाश्रयः ।  
असंशयं समग्रं मां  
यथा ज्ञास्यसि तच्छृणु ॥ ७-१ ॥

śrībhagavānuvāca  
mayyāsaktamanāḥ pārtha  
yōgaṁ yuñjanmadāśrayaḥ ।  
asaṁśayaṁ samagraṁ māṁ  
yathā jñāsyasi tacchṛṇu ||7-1||

The Blessed Lord said: With the mind intent on Me, Partha, practicing yoga and taking refuge in Me, how thou shalt, without doubt, know Me fully, that do thou listen. [Chapter 7 – Verse 1]

## Chapter 7 - Verse 2

ज्ञानं तेऽहं सविज्ञानम्  
इदं वक्ष्याम्यशेषतः ।  
यज्ज्ञात्वा नेह भूयोऽन्यद्  
ज्ञातव्यमवशिष्यते ॥ ७-२ ॥

jñānaṁ tē'haṁ savijñānam  
idaṁ vakṣyāmyaśēṣataḥ ।  
yajjñātvā nēha bhūyō'nyad  
jñātavyamavaśiṣyatē ||7-2||

I shall declare to thee, in full, this knowledge combined with Realisation, which being known, nothing more here remains to be known. [Chapter 7 – Verse 2]

### Chapter 7 - Verse 3

मनुष्याणां सहस्रेषु  
कश्चिद्यतति सिद्धये ।  
यततामपि सिद्धानां  
कश्चिन्मां वेत्ति तत्त्वतः ॥ ७-३ ॥

manuṣyāṇāṃ sahasrēṣu  
kaścidyatati siddhayē |  
yatatām api siddhānām  
kaścinmām vētti tattvataḥ || 7-3 ||

Among thousands of men, one perchance strives for perfection; even among those successful strivers, only one perchance knows Me in essence. [Chapter 7 – Verse 3]

### Chapter 7 - Verse 4

भूमिरापोऽनलो वायुः  
खं मनो बुद्धिरेव च ।  
अहङ्कार इतीयं मे  
भिन्ना प्रकृतिरष्टधा ॥ ७-४ ॥

bhūmirāpō'nalō vāyuḥ  
khaṃ manō buddhirēva ca |  
ahaṅkāra itīyaṃ mē  
bhinnā prakṛtiraṣṭadhā || 7-4 ||

Earth, water, fire, air, ether, mind, intellect, egoism; these are my eightfold Prakṛti.  
[Chapter 7 – Verse 4]



## Chapter 7 - Verse 5

अपरेयमितस्त्वन्यां  
प्रकृतिं विद्धि मे पराम् ।  
जीवभूतां महाबाहो  
ययेदं धार्यते जगत् ॥ ७-५ ॥

aparēyamitastvanyāṃ  
prakṛtiṃ viddhi mē parām ।  
jīvabhūtāṃ mahābāhō  
yayēdaṃ dhāryatē jagat ॥ 7- 5 ॥

This is the lower prakrti; different from it, know thou, O mighty-armed, My higher prakrti, the very life element, by which this world is upheld. [Chapter 7 – Verse 5]

## Chapter 7 - Verse 6

एतद्योनीनि भूतानि  
सर्वाणीत्युपधारय ।  
अहं कृत्स्नस्य जगतः  
प्रभवः प्रलयस्तथा ॥ ७-६ ॥

ētadyōnīni bhūtāni  
sarvāṇītyupadhāraya ।  
ahaṃ kṛtsnasya jagataḥ  
prabhavaḥ pralayastathā ॥ 7-6 ॥

Know that these (two prakrtis), are the womb of all beings. So, I am the source and dissolution of the whole universe. [Chapter 7 – Verse 6]

## Chapter 7 - Verse 7

मत्तः परतरं नान्यत्  
किञ्चिदस्ति धनञ्जय ।  
मयि सर्वमिदं प्रोतं  
सूत्रे मणिगणा इव ॥ ७-७ ॥

mattaḥ parātaraṁ nānyat  
kiñcidasti dhanañjaya ।  
mayi sarvamidaṁ prōtaṁ  
sūtrē maṇigaṇā iva ॥ 7-7 ॥

There is nothing whatsoever higher than Me, O Dhananjaya. All this is strung in Me, as clusters of gems on a string. [Chapter 7 - Verse 7]

## Chapter 7 - Verse 8

रसोऽहमप्सु कौन्तेय  
प्रभास्मि शशिसूर्ययोः ।  
प्रणवः सर्ववेदेषु शब्दः  
खे पौरुषं नृषु ॥ ७-८ ॥

rasō'hamapsu kauntēya  
prabhā'smi śaśisūryayōḥ ।  
praṇavaḥ sarvavēdēṣu  
śabdaḥ khē pauruṣaṁ nṛṣu ॥ 7-8 ॥

I am the sapidity in water, O son of Kunti, I am the light in the moon and the sun; I am the syllable Om in all the Vedas, sound in ether and virility in men; [Chapter 7 – Verse 8]

## Chapter 7 - Verse 9

पुण्यो गन्धः पृथिव्यां च  
तेजश्चास्मि विभावसौ ।  
जीवनं सर्वभूतेषु  
तपश्चास्मि तपस्विषु ॥ ७-९ ॥

puṇyō gandhaḥ pṛthivyāṃ ca  
tējaścāsmi vibhāvasau |  
jīvanaṃ sarvabhūtēṣu  
tapaścāsmi tapasviṣu ||7-9||

I am the sweet fragrance in earth and the brilliance in fire, the life in all beings and I am austerity in the austere. [Chapter 7 – Verse 9]

## Chapter 7 - Verse 10

बीजं मां सर्वभूतानां  
विद्धि पार्थ सनातनम् ।  
बुद्धिर्बुद्धिमतामस्मि  
तेजस्तेजस्विनामहम् ॥ ७-१० ॥

bījaṃ māṃ sarvabhūtānāṃ  
viddhi pārtha sanātanam |  
buddhirbuddhimatāmasmi  
tējastējasvināmaham ||7-10||

Know me, O Partha, as the eternal seed of all beings; I am the intelligence of the intelligent. The splendour of the splendid (things and beings), am I. [Chapter 7 – Verse 10]

## Chapter 7 - Verse 11

बलं बलवतां चाहं  
कामरागविवर्जितम् ।  
धर्माविरुद्धो भूतेषु  
कामोऽस्मि भरतर्षभ ॥ ७-११ ॥

balaṃ balavatāṃ cāhaṃ  
kāmarāgavivarjitam |  
dharmāviruddhō bhūtēṣu  
kāmo'smi bharatarṣabha || 7-11 ||

Of the strong, I am the strength devoid of desire and attachment and in (all) beings, I am the desire unopposed to dharma, O best among, the Bharatas. [Chapter 7 – Verse 11]

## Chapter 7 - Verse 12

ये चैव सात्त्विका भावा  
राजसास्तामसाश्च ये ।  
मत्त एवेति तान्विद्धि  
न त्वहं तेषु ते मयि ॥ ७-१२ ॥

yē caiva sāttvikā bhāvāh  
rājasāstāmasāśca yē |  
matta ēvēti tān viddhi  
na tvahaṃ tēṣu tē mayi || 7-12 ||

Whatever beings (and objects) that are pure, active and inert, know them to proceed from Me; yet, I am not in them, they are in Me. [Chapter 7 – Verse 12]

## Chapter 7 - Verse 13

त्रिभिर्गुणमयैर्भावैः  
एभिः सर्वमिदं जगत् ।  
मोहितं नाभिजानाति  
मामेभ्यः परमव्ययम् ॥७-१३॥

tribhirguṇamayairbhāvaiḥ  
ēbhiḥ sarvamidaṁ jagat |  
mōhitaṁ nābhijānāti  
mām ēbhyaḥ parām avyayam || 7-13 ||

Deluded by these natures (states or things) composed of the three gunas (of prakṛti), all the world knows Me not as immutable and distinct from them. [Chapter 7 – Verse 13]

## Chapter 7 - Verse 14

दैवी ह्येषा गुणमयी  
मम माया दुरत्यया ।  
मामेव ये प्रपद्यन्ते  
मायामेतां तरन्ति ते ॥७-१४॥

daivī hyēṣā guṇamayī  
mama māyā duratyayā |  
māmēva yē prapadyantē  
māyāmētāṁ taranti tē || 7.14 ||

Verily, this divine illusion of Mine made up of gunas (caused by the qualities) is difficult to cross over; those who take refuge in Me, they alone can cross over this illusion. [Chapter 7 – Verse 14]



## Chapter 7 - Verse 15

न मां दुष्कृतिनो मूढाः  
प्रपद्यन्ते नराधमाः ।  
माययापहतज्ञानाः  
आसुरं भावमाश्रिताः ॥ ७-१५ ॥

na māṃ duṣkṛtinō mūḍhāḥ  
prapadyantē narādhamāḥ ।  
māyayā'pahṛtajñānā  
āsuram bhāvamāśritāḥ || 7-15 ||

The evil-doers, the deluded, the lowest of men do not seek Me; they, whose discrimination has been destroyed by their own delusions, follow the ways of the demons. [Chapter 7 – Verse 15]

## Chapter 7 - Verse 16

चतुर्विधा भजन्ते मां  
जनाः सुकृतिनोऽर्जुन ।  
आर्तो जिज्ञासुरर्थार्थी  
ज्ञानी च भरतर्षभ ॥ ७-१६ ॥

caturvidhā bhajantē māṃ  
janāḥ sukr̥tinō'rjuna ।  
ārtō jijñāsurararthārthī  
jñānī ca bharatarṣabha || 7-16 ||

Four kinds of virtuous people worship Me, O Arjuna, the dissatisfied, the seeker of (systematised) knowledge, the seeker of wealth and the wise, O best among the Bharatas. [Chapter 7 – Verse 16]

## Chapter 7 - Verse 17

तेषां ज्ञानी नित्ययुक्तः  
एकभक्तिर्विशिष्यते ।  
प्रियो हि ज्ञानिनोऽत्यर्थम्  
अहं स च मम प्रियः ॥ ७-१७ ॥

tēṣāṃ jñānī nityayuktaḥ  
ēkabhaktirviśiṣyatē |  
priyō hi jñāninō'tyartham  
ahaṃ sa ca mama priyaḥ ||7-17||

Of them, the wise ever steadfast and devoted to the One, excels; for, I am exceedingly dear to the wise and he is dear to Me. [Chapter 7 – Verse 17]

## Chapter 7 - Verse 18

उदाराः सर्व एवैते  
ज्ञानी त्वात्मैव मे मतम् ।  
आस्थितः स हि युक्तात्मा  
मामेवानुत्तमां गतिम् ॥ ७-१८ ॥

udārāḥ sarva ēvaitē  
jñānī tvātmaiva mē matam |  
āsthitaḥ sa hi yuktātmā  
mām ēvānuttamāṃ gatim ||7-18||

Noble indeed are all these, but the wise man, I deem, as My very Self; for steadfast in mind, he is established in Me alone as the supreme goal. [Chapter 7 – Verse 18]

## Chapter 7 - Verse 19

बहूनां जन्मनामन्ते  
ज्ञानवान्मां प्रपद्यते ।  
वासुदेवः सर्वमिति  
स महात्मा सुदुर्लभः ॥ ७-१९ ॥

bahūnāṃ janmanām antē  
jñānavān māṃ prapadyatē |  
vāsudēvaḥ Sarvam iti  
sa mahātmā sudurlabhaḥ || 7-19 ||

At the end of many births, the wise man comes to Me, realising that all this is Vasudeva (the innermost Self); such a great soul (Mahatma) is very hard to find. [Chapter 7 – Verse 19]

## Chapter 7 - Verse 20

कामैस्तैस्तैर्हृतज्ञानाः  
प्रपद्यन्तेऽन्यदेवताः ।  
तं तं नियममास्थाय  
प्रकृत्या नियताः स्वया ॥ ७-२० ॥

kāmaistaistairhṛtajñānāḥ  
prapadyantē'nyadēvatāḥ |  
taṃ taṃ niyamamāsthāya  
prakṛtyā niyatāḥ svayā || 7-20 ||

Those, whose wisdom has been looted away by this or that desire, go to other gods, following this or that norm, led by their own nature. [Chapter 7 – Verse 20]

## Chapter 7 - Verse 21

यो यो यां यां तनुं भक्तः  
श्रद्धयार्चितुमिच्छति ।  
तस्य तस्याचलां श्रद्धां  
तामेव विदधाम्यहम् ॥७-२१॥

yō yō yāṃ yāṃ tanuṃ bhaktaḥ  
śraddhayārcitumicchati |  
tasya tasyācalāṃ śraddhāṃ  
tāmēva vidadhāmyaham ||7-21||

Whatsoever form any devotee desires to worship with faith, that (same) faith of his I make (firm and) unflinching. [Chapter 7 – Verse 21]

## Chapter 7 - Verse 22

स तया श्रद्धया युक्त  
तस्याराधनमीहते ।  
लभते च ततः कामान्  
मयैव विहितान्हि तान् ॥ ७-२२ ॥

sa tayā śraddhayā yuktah  
tasya"rādhanamīhatē |  
labhatē ca tataḥ kāmān  
mayaiva vihitān hi tān || 7-22 ||

Endowed with that faith, he engages in the worship of that devata and from it, he obtains his desire fulfillments; all these being ordained by Me (alone). [Chapter 7 – Verse 22]



## Chapter 7 - Verse 23

अन्तवत्तु फलं तेषां  
तद्भवत्यल्पमेधसाम् ।  
देवान्देवयजो यान्ति  
मद्भक्ता यान्ति मामपि ॥ ७-२३ ॥

antavat tu phalaṃ tēṣāṃ  
tadbhavatyalpamēdhasām |  
dēvān dēvayajō yānti  
madbhaktā yānti māmapi || 7-23 ||

Verily, the fruit that accrues to those men of little intelligence is finite. The worshippers of the devas go to the devas but My devotees come to Me. [Chapter 7 – Verse 23]

## Chapter 7 - Verse 24

अव्यक्तं व्यक्तिमापन्नं  
मन्यन्ते मामबुद्धयः ।  
परं भावमजानन्तो  
ममाव्ययमनुत्तमम् ॥ ७-२४ ॥

avyaktaṃ vyaktimāpannam  
manyantē māmabuddhayaḥ |  
parāṃ bhāvamajānantō  
mamāvyayamanuttamam || 7-24 ||

The foolish think of Me, the Unmanifest, as having come to manifestation, not knowing My higher, immutable and peerless nature. [Chapter 7 – Verse 24]

## Chapter 7 - Verse 25

नाहं प्रकाशः सर्वस्य  
योगमायासमावृतः ।  
मूढोऽयं नाभिजानाति  
लोको मामजमव्ययम् ॥ ७-२५ ॥

nāhaṃ prakāśaḥ sarvasya  
yōgamāyāsamāvṛtaḥ |  
mūḍhō'yaṃ nābhijānāti  
lōkō māmajamavyayam || 7-25 ||

I am not manifest to all (in My real nature) veiled by divine Maya. This deluded world knows not Me, the unborn, the imperishable. [Chapter 7 – Verse 75]

## Chapter 7 - Verse 26

वेदाहं समतीतानि  
वर्तमानानि चार्जुन ।  
भविष्याणि च भूतानि  
मां तु वेद न कश्चन ॥ ७-२६ ॥

vēdāhaṃ samatītāni  
vartamānāni cārjuna |  
bhaviṣyāṇi ca bhūtāni  
māṃ tu vēda na kaścana || 7-26 ||

I know, O Arjuna, the beings of the past, present and the future, but no one knows Me.[Chapter 7-Verse 26]

## Chapter 7 - Verse 27

इच्छाद्वेषसमुत्थेन  
द्वन्द्वमोहेन भारत ।  
सर्वभूतानि सम्मोहं  
सर्गे यान्ति परन्तप ॥ ७-२७ ॥

icchādvēṣasamutthēna  
dvandvamōhēna bhārata |  
sarvabhūtāni sammōhaṃ  
sargē yānti parāntapa ||7-27||

By the delusion of the pairs of opposites, arising from desire and aversion, O Bharata, all beings are subject to delusion at birth, O Parantapa (scorcher of foes). [Chapter 7 – Verse 27]

## Chapter 7 - Verse 28

येषां त्वन्तगतं पापं  
जनानां पुण्यकर्मणाम् ।  
ते द्वन्द्वमोहनिर्मुक्ता  
भजन्ते मां दृढव्रताः ॥ ७-२८ ॥

yēṣāṃ tvantagataṃ pāpaṃ  
janānāṃ puṇyakarmaṇām |  
tē dvandvamōhanirmuktā  
bhajantē māṃ dṛḍhavratāḥ ||7-28||

But, those men of virtuous deeds whose sins have come to an end, who are freed from the delusion of the pairs of opposites and steadfast in vows, worship Me. [Chapter 7 – Verse 28]

## Chapter 7 - Verse 29

जरामरणमोक्षाय  
मामाश्रित्य यतन्ति ये ।  
ते ब्रह्म तद्विदुः कृत्स्नम्  
अध्यात्मं कर्म चाखिलम् ॥ ७-२९ ॥

jarāmaraṇamōkṣāya  
māmāśritya yatanti yē |  
tē brahma tadviduḥ kṛtsnam  
adhyātmaṃ karma cākhilam || 7-29 ||

Those who strive for liberation from old age and death, taking refuge in Me, they realise in full that Brahman, the whole knowledge of the Self and all action. [Chapter 7 – Verse 29]

## Chapter 7 - Verse 30

साधिभूताधिदैवं मां  
साधियज्ञं च ये विदुः ।  
प्रयाणकालेऽपि च मां  
ते विदुर्युक्तचेतसः ॥ ७-३० ॥

sādhibhūtādhidaivaṃ māṃ  
sādhiyajñaṃ ca yē viduḥ |  
prayāṇakālē'pi ca māṃ  
tē viduryuktacētasah || 7-30 ||

Those who know Me with the Adhibhuta (pertaining to elements – the world of objects), Adhidaiva (pertaining to the gods – the sense-organs) and the Adhiyajna (pertaining to the sacrifice –all perceptions), even at the time of death, steadfast in mind, know Me. [Chapter 7 – Verse 30]